



# Summer Term - Changing Me - Year 1



Date W/C	Jigsaw Piece	PSHE Learning Goal	Vocabulary
3.6.2024	1. Life Cycles	I am starting to understand the life cycles of animals and humans	<ul style="list-style-type: none"><li>• Changes</li><li>• Life cycle</li><li>• Baby</li><li>• Adulthood</li></ul>
10.6.2024	2. Changing Me	I can tell you some things about me that have changed and some things about me that have stayed the same	<ul style="list-style-type: none"><li>• Change</li><li>• Life cycle</li><li>• Baby Adult</li><li>• Grown up</li></ul>
17.6.2024	3. My Changing Body	I can tell you how my body has changed since I was a baby	<ul style="list-style-type: none"><li>• Baby</li><li>• Growing up</li><li>• Adult</li><li>• Change</li></ul>
24.6.2024	4. Girl's and Boy's Bodies	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva, anus	<ul style="list-style-type: none"><li>• Male</li><li>• Female</li><li>• Penis</li><li>• Testicles</li><li>• Vulva</li><li>• Vagina</li><li>• Anus</li></ul>
1.7.2024	5. Learning and Growing	I understand that every time I learn something new I change a little bit	<ul style="list-style-type: none"><li>• Learn</li><li>• New</li><li>• Grow</li><li>• Change</li></ul>

8.7.2024	6. Coping with Changes	I can tell you about changes that have happened in my life	<ul style="list-style-type: none"><li>● Change</li><li>● Feelings</li><li>● Anxious</li><li>● Worried</li><li>● Excited</li><li>● Coping</li></ul>
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