



Summer Term - Changing Me - Year 4



Date W/C	Jigsaw Piece	PSHE Learning Goal	Vocabulary
3.6.2024	1. Unique Me	To understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm	<ul style="list-style-type: none">• Personal• Unique• Characteristics• Parents• Gene
10.6.2024	2. Having a Baby and Alternatives	To correctly label the internal and external parts of male and female bodies that are necessary for making a baby	<ul style="list-style-type: none">• Sperm• Egg/Ovum• Penis• Testicles• Vagina• Womb/Uterus• Ovaries
17.6.2024	3. Girls and Puberty	To describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this	<ul style="list-style-type: none">• Puberty• Menstruation• Menstrual Cycle• Periods• Menstrual Pads• Period Pants• Tampons• Vagina• Vulva• Ovaries• Fallopian Tube• Hormones
24.6.2024	4. Circles of Change	To know how the circle of change works and can apply it to changes I want to make in my life	<ul style="list-style-type: none">• Circle• Seasons• Change

			<ul style="list-style-type: none">• Control
1.7.2024	5. Accepting Change	To identify changes that have been and may continue to be outside of my control that I learnt to accept	<ul style="list-style-type: none">• Control• Change• Acceptance
8.7.2024	6. Looking Ahead	I can identify what I am looking forward to when I move to a new class	<ul style="list-style-type: none">• Change• Looking forward• Excited• Nervous• Anxious• Happy