



Manor Park Inclusion News

Dates for your Diary

Autumn Term 2017

SNAPS Meeting - 9am Thursday 19th October

SNAPS Meeting - 9am Thursday 16th November

SNAPS Meeting - 9am Thursday 7th December

Please note that Catherine Breakwell from SENDIAS will be attending the SNAPS meeting on the 19.10.17 in order to introduce herself and explain the SENDIAS Service.

Meet the Team

Mrs Tina Hill
Family Support Worker



Hello! My name is Tina Hill and I am the Family Support Worker in our school.

My role is to provide support to the families and children within our school community. I can usually be found on the playground in the morning and at the end of school and here as someone to talk to if you need it, with any worries relating to your child's education, behaviour and wellbeing. I can also be contacted via the School office. I won't have all the answers but hopefully be able to signpost you to where you could find them.

My support includes: safeguarding, the promotion of good attendance, liaising with external agencies, assistance in completing paperwork and forms. Providing 1/1 and small group interventions with children, Pastoral support for parent/carers through our SNAPS sessions once a month and assist our trained Forest Schools lead with our exciting outside education provision.

I look forward to seeing you around School and please feel free to stop and talk.

ASDiva's

Do you have a daughter with Autism, or suspect your daughter may have an Autism Spectrum Condition?

A parent support group has been set up with the support of Autism Wessex.

Held on the first Tuesday of each month from 5.30 -7pm at Dorchester Library, the group offers parents a chance to share their experiences and knowledge and ask questions.



For further information please contact:
Rebecca (07810 488023) or
Claudia (07443 543178)

Please note this group is not run by the school and Manor Park Staff will not be in attendance.

GoNoodle

GoNoodle is a fantastic, free website and app which provides follow along videos. The videos are fun and interactive allowing children to activate their bodies and brains. Children choose their own character which grows as they accumulate their active minutes. There are a variety of different videos from guided dances, workouts, yoga and mindfulness activities.

Give it a go, have fun and be active! <https://www.gonoodle.com/>



Activity Time!



Emotion Salt Jars

A brilliant activity to produce a visual, personal piece which represents someone's feelings.

You will need:

Regular table salt

Coloured oil pastels

Jar

4 Bowls

Funnel (can be made out of paper)

Fill a jar with salt.

Ask your child to name four emotions and empty the amount of salt they feel each emotion represents to them into the bowl.

Ask your child to choose a colour which best represents how the emotion appears to them from the box of oil pastels.

Stir the salt in the bowl using the oil pastel, use quite a lot of pressure, this will colour the salt.

Once coloured, set aside the salt in a spare bowl.

Continue until you have gone through each chosen emotion and there is no salt left.

Ask your child to choose which emotion salt they would like to empty back into the jar first, using the funnel.

You will have a jar full of coloured salt which represents your child's feelings.

Stones

There are many ways in which stones can be used to express emotions and open up discussions about many subjects.

One great activity to begin with is Stone Hunting!

Collect stones when you are out and about with your child, the more different they are the better.

Once you have a collection, ask your child to select a stone which best represents them and then add people who are significant in your child's life to the list.

Ask your child why they have chosen the smooth stone, the rough stone, the broken stone etc for each person and discuss how they are feeling about their choices.

This activity can be done with any collection of objects, buttons are a great alternative or twigs, toy cars or shells.

Happy hunting !!!



Useful Links



Autism Wessex offers free information and advice on a range of autism related topics. The services also includes drop-in groups, workshops and autism training programmes.

www.autismwessex.org.uk

A Final Thought...

YOU'RE BRAVER THAN YOU BELIEVE, STRONGER THAN YOU SEEM AND SMARTER THAN YOU THINK!

