

# Changing Me

## Puzzle Overview - Year 1

Puzzle 6 Changing Me	Puzzle Outcome	Resources
Pieces		
1. Life Cycles	<p>I am starting to understand the life cycles of animals and humans</p> <p style="color: green;">I understand that changes happen as we grow and that this is OK</p>	Jigsaw Chime, 'Calm Me' script, Find your pair cards, Jigsaw Song sheet: 'Changing as I grow' BBC Learning Clip: 9463 Frogs, Teacher's photos: series of photos from baby to adult, Life cycle cards, Jigsaw Journals.
2. Changing Me	<p>I can tell you some things about me that have changed and some things about me that have stayed the same</p> <p style="color: green;">I know that changes are OK and that sometimes they will happen whether I want them to or not</p>	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jack, Life cycle cards, Paper for concertina book, Jigsaw Journals.
3. My Changing Body	<p>I can tell you how my body has changed since I was a baby</p> <p style="color: green;">I understand that growing up is natural and that everybody grows at different rates</p>	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jack, Baby photo of the teacher, Baby photos brought in by the children, Jigsaw Journals.
4. Boys' and Girls' Bodies <b>Assessment Opportunity</b> ★	<p>I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina</p> <p style="color: green;">I respect my body and understand which parts are private</p>	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Male/female animal Powerpoint, PE hoops or flipchart paper, Body parts cards and Powerpoint, Jigsaw Journals .
5. Learning and Growing	<p>I understand that every time I learn something new I change a little bit</p> <p style="color: green;">I enjoy learning new things</p>	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Jigsaw Song sheet: 'Changing as I grow', Picture cards, Flower shape and petals for flipchart, Flower template, Photos of the children, Jigsaw Journals.
6. Coping with Changes	<p>I can tell you about changes that have happened in my life</p> <p style="color: green;">I know some ways to cope with changes</p>	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jack, Book: 'Moving Molly' by Shirley Hughes, Bag of items for Changes Game, Jigsaw Journals.

