



...our intent is that...

Our Year 4 Athletes ...

Think like an athlete

Through the development of term on term and year on year, our athletes acquire skills that can be transferred to a range of sporting activities and games. Pupils are encouraged to develop their own sporting skills and talents by challenging themselves at their own level.

Develop a range of key skills

Our athletes are encouraged to learn key skills individually, in small groups and later, in larger groups, teams and classes. The key skills pupils develop are – balancing, running, jumping, throwing, catching and kicking. These skills can be applied to a range of games and sporting activities which build sporting confidence and well being.

Are healthy, mentally and physically

Through PE, Science and PHCSE, our athletes are encouraged to adopt a healthy lifestyle, achieved by eating sensibly, exercising regularly and finding time to relax.



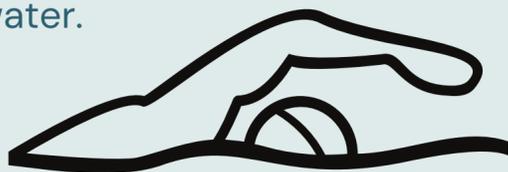
Can develop skills to be Sporting Leaders

We encourage our young athletes to take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, motivate and instill excellent sporting attitudes in others.



Can swim

All children take part in a 10 week swimming course so that by the end of year 6, they have ability to swim at least 25 metres and develop a knowledge of how to remain safe in and around water.



Will develop a lifelong love of physical activity

We endeavour to foster a keen interest in PE in our young athletes whatever the discipline or skill. Athletes demonstrate a willingness to participate eagerly in every lesson, uphold positive attitudes and the ability to make informed choices about engaging fully in extra-curricular sport.

Work for sustained periods of time

Our athletes are encouraged to participate with high levels of physical fitness. We build in opportunities for pupils to have the ability to remain physically active for sustained periods of time and to understand the importance of this in promoting long-term health and well-being.

Are creative dancers and gymnasts

We promote in our young athletes a love of originality, imagination and creativity in their techniques, tactics and choreography. Our athletes have a working knowledge of how to improve their own and others' performance.



Working together as a Mini Pyramid in DASP to create a shared vision of the characteristics we expect to see in our athletes ...